




ST CLEMENT'S AND ST JOHN'S


# NUTRITION FOR YOUR CHILDREN PARENT WORKSHOP

JOIN US ON  
MONDAY 9TH DECEMBER  
2PM-2:45PM

ST CLEMENT'S SCHOOL HALL



This workshop run by  
Chartwell's is for parents and  
carers who want to know  
more about a healthy  
balanced diet and key  
nutrients for growing  
children. Including top tips  
for picky eaters!



TO SIGN UP PLEASE EMAIL  
[STCLEMENTS@COASTALPARTNERSHIP.CO.UK](mailto:STCLEMENTS@COASTALPARTNERSHIP.CO.UK)  
WITH YOUR NAME, CHILD'S NAME AND CLASS

