

# Kindness Advent Calendar

In the spirit of giving, challenge yourself to perform an act of kindness each and every day leading up to Christmas.

1

Make a card for your neighbour.

2

Give someone a compliment.

3

Hold the door for someone.

4

Tidy your room.

5

Help to make breakfast, lunch or dinner.

6

Share a smile!

7

Thank someone who helps you.

8

Draw a picture for a friend.

Gather used clothes or toys for a local charity.

10

Invite a new friend to play.

9

Share a funny animal meme or video with someone.

11

Help around the house without being asked.

12

13

Pick up litter.

15

Donate food to a local food bank.

16

Thank a teacher for all that they do!

17

Give someone you love a hug.

19

Call a relative that lives far away.

14

Do a random act of kindness for someone.

Tell an adult you appreciate them and why.

24

Tell your family you love them.

Share your toys with a friend or sibling.

22

Donate a book to your library.

21

Leave a happy note for a friend.

20

Make someone laugh.

23

Merry Christmas!

