

Dear Parent/Carer,

Invitation to PSHE Relationship and Sex Education Meeting [Thursday 21st May 9-9.30am]

At St Clement's CE Infant School, we are committed to providing high-quality Personal, Social, Health and Economic (PSHE) education that supports your child's development and wellbeing throughout their time with us.

Reviewing our PSHE provision

We are currently reviewing our PSHE curriculum in line with the DfE's updated statutory guidance for Relationships, Sex and Health Education (published 2025, for implementation from September 2026). This is a positive opportunity to bring our curriculum content up to date in a changing world, whilst maintaining our age-appropriate focus on the core knowledge and essential skills that children need to navigate different aspects of their lives with confidence both in and beyond primary school.

At St Clement's CE Infant School, we use Jigsaw, the mindful approach to PSHE, as our comprehensive scheme of work. The programme consists of six half-term units (Puzzles): Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. Each Puzzle contains lessons that build progressively through the school, developing children's emotional literacy, self-esteem, resilience and understanding of how to build positive, healthy relationships.

The updated guidance enhances the Jigsaw programme we already know and trust, rather than requiring radical changes. The strong foundations remain the same - we continue to focus on building the fundamental skills and knowledge children need - whilst ensuring our content reflects the world they are growing up in. As part of our review, we are also considering how we adapt the programme content to best suit the needs and context of our school community.

Your views matter

As part of our review process, we warmly invite you to attend a consultation session where you will have the opportunity to:

- Learn about the Jigsaw PSHE programme and how it is taught across all year groups
- Understand how we adapt the content to meet the needs of our school community
- See examples of the materials and resources we use
- Understand how our curriculum meets statutory requirements for Relationships and Health Education
- Ask questions about any aspect of our PSHE provision
- Share your views and feedback to help inform our curriculum decisions

Working in partnership

We believe that PSHE education is most effective when schools and families work together. Your child's wellbeing, safety and personal development are at the heart of everything we do, and we value your input as we ensure our curriculum continues to meet the needs of our school community.

We look forward to sharing our provision with you and hearing your views.