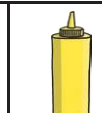
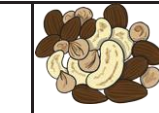




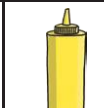
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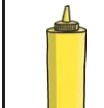
Dishes and their Allergen Content Chart for Breakfast Club & After School Club

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Toast (50/50 Bread)		✓ Wheat											✓	
Strawberry Jam														
Marmite	✓	✓ Barley Wheat, Oats, Rye												
Toasted Teacake		✓ Wheat		✓ May contain traces			✓ May contain traces						✓	
Dairy lea cheese spread							✓							
Hummous												✓		
Crackerbread		✓ Wheat					✓						✓ May contain traces	
Tuna					✓									
Bread rolls		✓ Wheat		✓ May contain traces			✓ May contain traces						✓	

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DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Wraps		✓ Wheat												
Spread/butter							✓							
Fruit loaf		✓ Wheat		✓ May contain traces			✓ May contain traces						✓	
Baked beans														
Rice cakes							✓ May contain traces					✓ May contain traces n	✓ May contain traces	
Pitta bread		✓ Wheat					✓ May contain traces							
Cheddar Cheese							✓							
Semi-skimmed milk (to drink)							✓							
Tomato Soup							✓							
Porridge		✓ Wheat, Oats, Barley								✓ May contain traces	✓ May contain traces			

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Rice Crispies		✓ Barley												
Spread/Butter							✓							
Yogurt							✓							
Scrambled Egg				✓										
Berry Smoothie							✓							
Crumpet		✓ Wheat					✓ May contain traces						✓ May contain traces	
Pancake (toasted not fried)		✓ Wheat Rye		✓			✓						✓ May contain traces	
Bagel		✓ Wheat										✓ May contain traces		

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